

MOCAAPI Newsletter

Monmouth & Ocean County Chapter of
American Association of Physicians of Indian Origin

An 501(c)(3) approved Non Profit charitable organization

Issue: 2

August 2010

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Dear Dr. Gupta:

We are pleased to bring to you our second newsletter. We are encouraged with the very positive reviews received after the inaugural edition and we thank you all for that. We encourage you to send me news you would like to see published and communicate to our extended MOCAAPI family. Of course the news has to be pertinent to our membership and not partisan in any way.

Summer Family Picnic

Perfect day of outdoor family fun

Picnic

On Saturday August 14th, MOCAAPI held its Second Annual Family picnic, in conjunction with celebration of India's Independence day. Great weather, food, and fun in Holmdel Park were enjoyed by MOCAAPI members of all ages. It was also wonderful to share our heritage with our colleagues from many different backgrounds. More than 150 attendees enjoyed an almost perfect summer day.

On behalf of the Executive Committee, we would like to thank the picnic committee consisting of Drs. Kamlesh Shah, Rajat Kapoor and Lakshmi Nadiminti under the leadership of Dr. Jai Mirchandani. Special thanks go out to Neelu and Vipul Lakhani for organizing all the kids activities and games and Drs. Vinod Sancheti and Jayesh Parikh for help planning and promoting the event. Job well done guys! check out some of the [pictures](#) on the website. More would be put up as we get them.

Most importantly, we would like to thank everyone for coming, and look forward to continuing this wonderful family event.

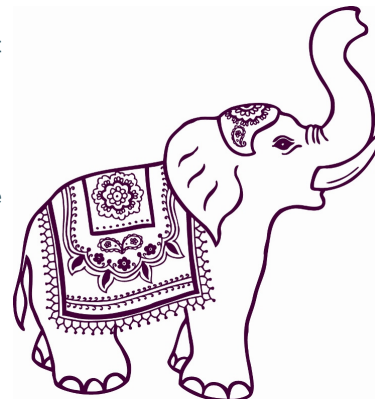
MOCAAPI Royal Gala

Shadowbrook, Shrewsbury Sunday, Oct. 10th

The Gala committee is working hard to prepare for the [Second Annual MOCAAPI Gala](#). After the sell out success last year we expect to be sold out soon. We have already sent out invitations to all patron and annual members and others who have expressed an interest to attend. Please respond right away if you would like to attend and we would make sure to get the invitation to you. Reservations are on a first come basis and requires pre-payment.

The ticket prices for physicians and their spouses is only \$ 150 per person. We encourage you to add a charitable donation in any amount to the ticket prices and support our charity. This year's Gala would support the [FoodBank of Monmouth and Ocean Counties](#). We need your support to beat the last year's donation of \$ 7,000 to this charity.

We have several exciting packages available for sponsors. We are also publishing a souvenir journal on this occasion. This is a great opportunity to advertise your business and show your support to our mission. We even have special combo packages for physicians to be able to buy tickets and also place an ad in the souvenir at a discounted price. Please click here for [details](#).



S. K. Mate, MD

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Vijay Sankhla, MD
Bankim Shah, MD
Vikram Varma, MD
Vipul Lakhani, MD
Kirit Pandya, MD

Patron Membership of AAPI

\$ 100 for young physicians

The \$ 100 Life membership to AAPI is still available to residents & fellows in training and young physicians within 5 years of completion of training until October 31st, 2010 only.

These physicians have already taken advantage of the offer:

Tarun Bhandari, Jai Mirchandani, Sakshi Pawa, Karam Dalal, Lakshmi Nadiminti, Anoop Porwal, Tejas Deliwala, Sangita Nagpal, Manooj Prasad, Vinod Ghetiya, Pranay Parikh, Manish Saini, Niraj Govil, Sandeep Parikh, Dhiren Shah, Ranjana Govil, Vipul Parikh, Anil Sharma, Rakesh Gupta, Hitesh Patel, Manjula Singh, Awani Kumar, Parag Patel, Vandana Singh, Nikunj Mehta and Anil Pawa.

You would need to be nominated by an existing patron AAPI member to get this discounted rate. Please call AAPI at 630-990-2277 for questions or visit the www.aapiusa.org for details.

Supporting Local Charities

FoodBank of Monmouth & Ocean Counties

This is our chosen charity second year in a row. We were able to donate \$ 7,000 last year in addition to the food donations. With your support we are hoping to beat that at this year's Gala.

You could contribute in multiple ways:

1. Participate by attending the Gala
2. Donate an item, service or basket valued at \$ 250 or more to our charitable auction
3. Bring a non-perishable food item and donate to the FoodBank collection
4. Include a cash donation in any amount with your ticket purchase

We are always looking for charities with a cause we would like to support. If there is a local charity you would like MOCAAPI to support, please send in your suggestions to [Dr. Akshay Patel](#), Chair of Charitable Committee for consideration.

Health Screening Fairs

Three camps held

Our MOCAAPI charity members are busy again in 2010 conducting multiple health fairs. These were held under the leadership of Dr. Akshay Patel, the Chair of the Charitable Committee of MOCAAPI.

This year we had three free medical fairs- one in Vraj, PA, the second in Monmouth County and the last one in Ocean County.

We screened so far over 200 needy people for blood pressure, diabetes mellitus, fasting cholesterol level, medical counseling along with eye and dental exams.

We also offered EKG if it was medically necessary and referred people to appropriate agency to get free/discounted medicines.

We are fortunate to have dedicated team of various doctors with different expertise ready to help and donate their time:

Drs. Jayesh Parikh, Manoj Patel, Dhiren Shah, Samir Jain, Sandip Parikh, Mukesh Shah, Hitesh Patel, Vanita Patel and Vipul Lakhani. Our paramedical team consists of Ila Parikh, Kirti Parikh and Jigna Patel.

We have few more similar events planned for rest of the year and any physician or dentist can participate please look out for announcements.

Here is a link to the [pictures](#)

Please contact [Akshay Patel, MD](#) or [Jayesh Parikh, MD](#) if you wish to be a volunteer.

New patron Members

Dr. Sushama Govil, MD



Pathologist
Jersey Shore University Medical Center
1945 State Route 33
Neptune, NJ 07753
732-776-4148

Dr. Darshana Amin, DO
Neurologist

633 Rte 37 W, Toms River, NJ 08755
732-240-4787
1613 Rte 88, Brick, NJ 08724
732-785-3335
697 Mill Creek Rd, Manahawkin, NJ 08050
609-597-4698



Darshana
Patel

We now have 100 patron members of MOCAAPI.
Thank you all for your support.

Upcoming Events

Dinner Meeting
Friday, September 17th, 2010

The venue would be finalized soon.

Royal Gala
Sunday, October 10th, 2010

Shadowbrook, Shrewsbury, NJ

Please check our [calendar](#) for details

Articles of Interest

[Foreign trained doctors as good as U.S. trained counterparts](#)

By Jenifer Goodwin

HealthDay Reporter

[Doubt on Tactic in Alzheimer's Battle](#)

By Gina Kolata

Published: August 18, 2010

[Drug Trials Test Bold Plan to Slow Alzheimer's](#)

By Gina Kolata

Published: July 16, 2010

Get Involved

MOCAAPI needs your services

This is your community and your family. There are multiple ways you can get involved to build our community:

- Become a member. Membership is only \$ 500 for Life or \$ 100 per calendar year
- Participate in MOCAAPI events
- Volunteer and help organizing our events, either as a team participant or the team leader
- Promote our mission and events to other physicians
- Be a sponsor for our events or help connect us with potential sponsors

- Volunteer to take leadership role in MOCAAPI
- Make suggestions for continued improvement
- Suggest local charities that we could help support

API-PAC

Association of Physicians of Indian Origin Political Action Committee (API-PAC)

August 19, 2010 Washington, D.C. - API-PAC released the following statement today announcing its impending formation.

"We are pleased to see the outpouring of support from Indian American physicians across the nation as we undertake this important initiative," said Dr. Krishan Aggarwal, a physician helping to spearhead the PAC's formation. "As most lawmakers are not doctors, we must engage legislators at both the state and federal levels on issues important to our practices and livelihood.

"Our new PAC will empower Indian American doctors to do that by pooling our resources and ensuring the voices of nearly 60,000 physicians are heard throughout state legislatures and the halls of Congress. With the mid-term elections less than 80 days away, API-PAC will play an important role this election cycle and beyond to provide strength and unity to Indian American physicians across the United States," concluded Dr. Aggarwal.

Important facts about the PAC:

The PAC will be a separate legal entity unaffiliated with the American Association of Physicians of Indian Origin (AAPi)

The PAC will recognize contributors at all financial levels

The PAC will be fully transparent, comply with all federal laws and register with the Federal Election Commission (FEC)

The PAC will be professionally led by a political firm in Washington, D.C. with experienced American advisors

Interested donors can make an inquiry to the PAC at apipac@gmail.com and view the [attachment](#) for complete information and details.

We look forward to hearing your comments and suggestions. Please continue to send in information you would like to see in this news letter. If you would like to help putting this together please write back to us. Thanks.

Sincerely,

Anil K. Gupta, MD
President, MOCAAPI

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This news letter would be sent to all MOCAAPI members by email and might be a great way for promoting your business while also helping MOCAAPI.

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